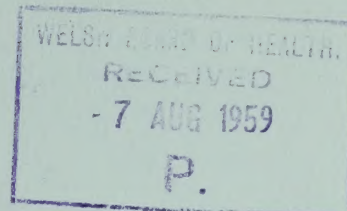


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RURAL DISTRICT COUNCIL

OF

TREGARON
CARDIGANSHIRE

PUBLIC HEALTH DEPARTMENT

ANNUAL REPORT

1958

MEDICAL OFFICER OF HEALTH.

Dulyn Thomas, M.B., Ch.B., D.P.H.

PUBLIC HEALTH INSPECTOR AND SURVEYOR.

B. W. James, A.R.San.I., M.S.I.A.

17-10-1911

17-10-1911

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17-10-1911

17-10-1911

17-10-1911

TREGARON RURAL DISTRICT COUNCIL

Chairman
1957/58

Chairman
1958/59

Councillor E. J. Davies

Councillor D. T. Lloyd

19 members including the chairman

Public health matters are considered by the whole Council.

Clerk of the Council - Elwyn Howells, Esq.,

Council Offices,

Tregaron.

Telephone Number:
Tregaron 248.

TELEPHONE EXCHANGE DISTRICT COUNCIL

Chairman
1928/29

Chairman
1927/28

Councillor H. T. Lloyd

Councillor H. J. Davies

19 members including the chairman

Public health matters are considered by the whole Council.

Chief of the Council - Miss E. E. E. E.

Council Office

Telephone

Telephone Numbers:
Telephone 248

To the Chairman and Members of the
Tregaron Rural District Council.

PREFACE.

I have pleasure in presenting the Annual Report of the Health Department for the year ending 31st December, 1958.

The number of registered live births for the year was sixty three, an increase of nineteen on the figure for the previous year. There was one stillbirth and one infant died under the age of four weeks. There were no maternal deaths as a result of childbirth.

The number of registered deaths was ninety six compared to seventy nine in 1957. Fifty one persons died of heart disease, nine from vascular lesions of the nervous system (stroke) and twelve from cancer in its various forms. The remaining deaths were due to a variety of causes.

This year in addition to the vital statistics for the Tregaron Rural District Council area, comparative figures are given (where applicable) for Cardiganshire and also for England and Wales.

No cases of infectious disease have been notified in the area for the fourth year in succession. Five new cases of Tuberculosis were notified, but no deaths were caused by this disease. It is most re-assuring to note that no person under the age of thirty five years was notified as suffering from respiratory tuberculosis.

to the Chairman and Members of the
Tregaron Rural District Council.

MESSAGE.

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for the year ending 31st December, 1938.

The number of registered live births for the year was sixty three, an

increase of nineteen on the figure for the previous year. There was one

stillbirth and one infant died under the age of four weeks. There were no

maternal deaths as a result of childbirth.

The number of registered deaths was ninety six compared to seventy nine in

1937. Fifty one persons died of heart disease, nine from venereal diseases of the

various types (struck) and twelve from cancer in the various forms. The remaining

deaths were due to a variety of causes.

This year in addition to the vital statistics for the Tregaron Rural

District Council area, comparative figures are given (where applicable) for

Wrexham and also for England and Wales.

No cases of infectious diseases have been notified in the area for the

fourth year in succession. Five new cases of Tuberculosis were notified, but no

deaths were caused by this disease. It is most reassuring to note that no person

under the age of thirty five years was notified as suffering from tuberculosis

in 1938.

From the portion of the report prepared by the Public Health Inspector you will note that no houses were built by the Council during the year 1958. The policy of curtailment on capital expenditure and the high rate of interest on loans accounted for this. Improvement grants were paid in respect of several properties which would otherwise be classified as unfit houses.

The Council is to be congratulated for erecting a Public Convenience at Llanddewi Brefi and also for commencing to build another in Station Road, Tregaron.

I sincerely hope that the Council will be able to submit to the Ministry a scheme of sewage disposal for Tregaron. We should also move ahead with the preparation of schemes for other villages and hamlets in the area.

I wish to thank Mr. E. Howells the Clerk to the Council, and Mr. B. W. James, the Public Health Inspector for their continued co-operation during the course of the year.

From the portion of the report prepared by the Public Health Inspector you will note that no houses were built by the Council during the year 1955. The policy of curtailment on capital expenditure and the high rate of interest on loans accounted for this. Improvement grants were paid in respect of several properties which would otherwise be classified as unfit houses.

The Council is to be congratulated for erecting a Public Convenience at Llanfawr Hill and also for undertaking to build another in Station Road, Tregaron.

I sincerely hope that the Council will be able to submit to the Ministry a scheme of sewage disposal for Tregaron. We should also have shared with the population of schemes for other villages and hamlets in the area.

I wish to thank Mr. E. Rowlands the Clerk to the Council, and Mr. A. W. Jones, the Public Health Inspector for their continued co-operation during the course of the year.

SUMMARY OF GENERAL STATISTICS

Area (in acres)	121,546
Population (Census 1951).	5,450
Population (Registrar General's Mid-Year 1958)... ..	5,040
Rateable Value at 1st April, 1958	£21,846
Rateable Value at 1st April, 1959... ..	£22,796
Sum represented by a penny rate 1958/59	£82
Estimated sum to be obtained by a penny rate 1959/60	£84

SUMMARY OF VITAL STATISTICS

						<u>Total</u>	<u>Male</u>	<u>Female</u>
Number of registered live births	Leg:	61	32	29				
	Illeg:	2	-	2				
Number of registered still births	Leg:	1	-	1				
	Illeg:	-	-	-				
Number of deaths of infants under 1 year	Leg:	1	1	-				
	Illeg:	-	-	-				
Number of deaths of infants under 4 weeks	Leg:	1	1	-				
	Illeg:	-	-	-				
Number of deaths of women ascribed to childbirth..		0	-	0				
Number of registered deaths		96	47	49				
Areal comparability factor for births		1.18						
Areal comparability factor for deaths		0.85						

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Vital Statistics for the Area

with comparative figures for Cardiganshire and England and Wales where applicable.

	Tregaron Rural District	Cardiganshire	England and Wales
No. of live births - male	32	331	-
No. of live births - female	31	352	-
Total number of live births	63	683	-
Live birth rate per 1000 population	12.5	12.9	16.4
No. of still-births	1	12	-
Still-birth rate per 1000 live and still births	15.6	17.4	21.6
Infant deaths (under 1 year)	1	16	-
Infant mortality rate per 1000 live births - total	15.9	23.2	22.5
Infant mortality rate per 1000 live births - legitimate	16.4	21.5	-
Infant mortality rate per 1000 live births - illegitimate	0	62.5	-
Neo-natal mortality rate per 1000 live births - (first four weeks)	15.9	19.0	34.9
Illegitimate live births per cent of total live births	3.2	4.7	-
Maternal deaths including abortion	0	1	-
Maternal mortality rate per 1000 live and still births	0	1.4	-
Total number of deaths	96	867	-
Death rate per 1000 population	19.0	16.4	11.7

Area comparability factor for births 1.18

Area comparability factor for deaths 0.85

CAUSES OF DEATH

Registrar General's

Code Number

Causes of Death

Number of deaths

Male Female Total

1	Tuberculosis, respiratory	-	-	-
2	Tuberculosis, other	-	-	-
3	Syphilitic disease	-	-	-
4	Diphtheria	-	-	-
5	Whooping cough	-	-	-
6	Meningococcal infections	-	-	-
7	Acute poliomyelitis	-	-	-
8	Measles	-	-	-
9	Other infective and parasitic diseases	-	-	-
10	Malignant neoplasm, stomach	2	-	2
11	Malignant neoplasm lung, bronchus	1	-	1
12	Malignant neoplasm, breast	-	1	1
13	Malignant neoplasm, uterus	-	-	-
14	Other malignant & lymphatic neoplasms	8	-	8
15	Leukaemia, aleukaemia	-	-	-
16	Diabetes	-	2	2
17	Vascular lesions of nervous system	4	5	9
18	Coronary disease, angina	9	5	14
19	Hypertension with heart disease	-	3	3
20	Other heart disease	13	21	34
21	Other circulatory disease	-	1	1
22	Influenza	-	-	-
23	Pneumonia	-	3	3
24	Bronchitis	1	-	1
25	Other diseases of respiratory system	-	-	-
26	Ulcer of stomach and duodenum	1	-	1
27	Gastritis, enteritis and diarrhoea	-	1	1
28	Nephritis and nephrosis	-	1	1
29	Hyperplasia of prostate	2	-	2
30	Pregnancy, childbirth, abortion	-	-	-
31	Congenital malformations	-	-	-
32	Other defined and ill-defined diseases	5	5	10
33	Motor vehicle accidents	-	-	-
34	All other accidents	1	-	1
35	Suicide	-	1	1
36	Homicide and operations of war	-	-	-

Total

47

49

96

INFECTIOUS DISEASES.

The following is a list of the notifications of infectious disease, other than tuberculosis, received during the year.

Cholera	-
Diphtheria	-
Dysentery (amoebic and bacillary)	-
Encephalitis	-
Erysipelas	-
Food poisoning	-
Malaria	-
Measles	-
Meningococcal meningitis	-
Ophthalmia neonatorum	-
Paratyphoid fever	-
Plague	-
Pneumonia (acute primary and acute influenzal)	-
Poliomyelitis	-
Puerperal Pyrexia	-
Relapsing fever	-
Scarlet fever	-
Smallpox	-
Typhoid fever	-
Typhus fever	-
Whooping cough	-

TUBERCULOSIS

The following table shows the sex and age distribution of the new cases notified during the year.

AGE GROUP	RESPIRATORY		NON-RESPIRATORY	
	Male	Female	Male	Female
0 - 1	-	-	-	-
1 - 2	-	-	-	-
2 - 4	-	-	-	-
5 - 9	-	-	-	1
10 - 14	-	-	-	-
15 - 19	-	-	-	-
20 - 24	-	-	-	-
25 - 34	-	-	-	-
35 - 44	1	-	-	-
45 - 54	-	-	-	-
55 - 64	1	-	-	-
65 - 74	1	-	-	1
75+	-	-	-	-
Totals:-	3	-	-	2

GENERAL PROVISION OF HEALTH SERVICES IN THE AREA.

These provisions are essentially the same as in the year 1957. They are briefly as follows:-

- (a) No ante-natal or post-natal clinic is held in the district by the local health authority. Expectant and nursing mothers receive medical advice from their own medical attendants.
- (b) An infant welfare clinic is held at Tregaron once a fortnight.
- (c) The domiciliary midwifery service is carried out by the district nurse who is also a State Certified Midwife.
- (d) A health visitor is resident at Pont Llanio and her area covers the greater part of the Rural District.
- (e) Home nursing is in the hands of the district nurse.
- (f) Vaccination is carried out by the person's own medical attendant but immunisation against diphtheria is performed partly by the former and partly by medical officers of the local health authority.
- (g) No ambulance is, at present, stationed at Tregaron. The district is covered by the Aberystwyth and Lampeter stations of the Ambulance Service.
- (h) Care and after-care are in the hands of the district nurse and of the health visitor. Tuberculosis cases are also followed up by the Chest Physician's health visitor.
- (i) Domestic help is provided by suitable persons engaged locally.
- (j) The town of Aberystwyth, 18 miles distant from the town of Tregaron is the centre upon which the principal general hospital in the county, the infectious diseases' hospital, the maternity home and the Medical Research Council's Area Public Health Laboratory are based.

SECTION 47 OF THE NATIONAL ASSISTANCE ACT, 1948.

This section gives the local authority power, on the certificate of the Medical Officer of Health, to apply to a Court of Summary Jurisdiction for the removal of persons unable to devote to themselves and not receiving from other persons, proper care and attention.

Persons dealt with under this Section must either (a) be suffering from grave chronic disease or (b) be aged, infirm or physically handicapped and **living** in insanitary conditions.

Action was taken under this Act in respect of an elderly person living in the Penwch district. She was removed to Tan-y-bwlch Hospital, Aberystwyth. She has since died.

DULYN THOMAS

MEDICAL OFFICER OF HEALTH.

Swyddfa'r Sir,
Aberystwyth.

June, 1959.

ANNUAL REPORT OF THE PUBLIC HEALTH INSPECTOR & SURVEYOR.

PREFACE

It gives me great pleasure to submit my report for the year ended 31st December, 1958.

Although the Council continued to give good service in the more routine matters they were once again unable to embark upon any major new schemes. This was largely due to economic circumstances beyond their control, namely, the continuing restrictions on capital expenditure and the high rate of interest on loans.

However, the Council proceeded with the erection of Public Conveniences at Llanddewi Brefi and near the Livestock Market in Station Road, Tregaron. The conveniences at Llanddewi Brefi have been completed and it is expected that those at Tregaron will be completed in 1959.

From the 1st April, 1958, the Council changed their method of refuse collection and disposal. Whereas it was formerly carried out by contract, by a contractor outside the district, it is now done by the Council's own workmen and with a new refuse collection lorry. Not only are the new arrangements more suitable from the point of view of efficiency but it is also assisting in creating more employment and trade within the rural district, and providing the Council with a very necessary vehicle to carry materials and equipment.

Although the Council have considered an outline scheme of a new sewerage and sewage disposal scheme for Tregaron, the matter has not yet reached the stage where proposals can be submitted to the Ministry. It is hoped that this will be done in the coming year. Little has been done to provide schemes in other villages and this is now a matter warranting urgent consideration.

The following report gives an account of the principal matters dealt with in 1958.

RECORD OF NOTICES

Number of Verbal Notices	11
Number of Informal (Preliminary) Notices ..	3
Number of Statutory Notices	0

RESULTS OF SERVICE OF NOTICES:

Number of Verbal Notices Complied with ..	10
Number of Informal Notices complied with ..	0

HOUSING

Tabular Statement on Housing Statistics Required by Article 31 of the Housing Consolidated Regulations, 1925:-

(1)	Number of Houses found unfit after inspection	7
(2)	Number of Houses in which defects were remedied after Informal Action	9
(3)	Number of Representations to Local Authority	7
(4)	Number of Notices Requiring Execution of Works.. .. .	0
(5)	Number of Houses rendered fit after Formal Notice	1
(6)	Number of Demolition or Closing Orders Made	0
(7)	Number of Undertakings Accepted	3
(8)	Number of Houses Demolished	0

Additional Statement on Housing Statistics

(9)	Number of Undertakings Cancelled	1
(10)	Number of Notices of Intention to Purchase Houses	4

ACTION UNDER THE HOUSING ACTS:

(a) Representations of Unfit Houses etc: Seven representations were made under the Housing Acts in respect of houses unfit for human habitation, these being:- Gwynfil Isaf, Llangeitho; Pantybeudy, Llangeitho; Drysgol House, Tregaron; Glasfryn, Tregaron; Glanllyn, Tregaron; Granog House, Tregaron and Cartrefle, Tregaron.

(b) Acceptance From Owners of Undertakings Not to Let Unfit Dwellings:
Three undertakings not to let unfit dwellings were accepted from the owners of the following: Gwynfil Isaf, Llangeitho; Pantybeudy, Llangeitho and Drysgol House, Tregaron.

(c) Cancellation of Undertaking Not to Let House: Following the modernisation of Tanffordd, Tregaron, the Council resolved to cancel the owner's undertaking not to let it for human habitation.

ACTION UNDER THE PUBLIC HEALTH ACT, 1936:

Numerous items of disrepair were dealt with by verbal intimation to the respective owners.

Dangerous Buildings: Demolition etc:

- (1) Alltllwyd, Llangeitho: The outbuilding adjoining this house, which was in a very dangerous condition and likely to fall into the road-way, has now been partly demolished, made safe, and re-roofed.
- (2) Tymelyn, Llangeitho: The County Council who had bought this house for road improvements purposes were informed that the roof was dangerous; the building has now been demolished.
- (3) 1, High Street, Llanddewi Brefi: The building adjoining No. 1, High Street, Llanddewi Brefi, is dangerous but although an application for a court hearing was made to the Magistrates Clerk, he stated that nothing could be done unless the owner's name and address was available. This information is not known and consequently no application could be made to the Magistrates.

FACTORIES ACT, 1937.

There are nineteen factories, as defined in the Act, within the rural district, a decrease of one during the year. With the exception of the Milk Marketing Board's Creamery at Pont Llanio these factories are mostly one-man businesses. Nineteen of these premises were "factories with power" and one was a "factory without power".

The Appendix at the end of the report gives statistics relating to factories within the area.

HOUSING SURVEY

Sufficient work has been done to confirm that the original estimate of 300 grossly unfit houses given in 1955 was too high and that the revised figure of 215 (or less) is more accurate.

HOUSING ACT, 1949 - Improvement Grant for Modernising Houses:-

(a) Applications for Improvement Grants:-

Formal applications for improvement grants were received in respect of six houses. The amount of grant and the total estimated cost of the work is as follows:-

Premises	Amount of Improvement Grant	Estimated Total Cost of Work.
58/1 Maesglas, Tynreithyn, Tregaron.	£336	£899
58/2 Treflyn, Tregaron.	£297	£1,029
58/3 Sunny Cottage, Dewi Road, Tregaron.	£230	£499
58/4 Glanmeurig, Pontrhydfendigaid.	£400	£1,058
58/5 Lower Cottage, Llanddewi Brefi.	£400	£1,182
58/6 Frongoch, Bwlchllan.	£201	£730
	£1,864	£5,387

(b) Payment of Improvement Grants:

Improvement Grants were paid in respect of houses, all of which are now provided with hot and cold water, bathroom, drainage etc., details are as follows:-

Premises.	Amount of Improvement Grant Paid	Estimated Value of Work Done
58/a Post Office, Bwlchllan.	£378	£815
58/b Afallon, Llanddewi Brefi.	£394	£883
58/c Ger-y-nant, Pontrhydfendigaid.	£343	£778
58/d Isfryn, Dewi Road, Tregaron.	£342	£724
58/e Bancillyn, Bontnewydd.	£400	£1,100
58/f Dolgoed, Pontrhydfendigaid.	£310	£808
58/g Brynawel, Ysbyty Ystwyth.	£360	£1,031
58/h Sunny Cottage, Dewi Road, Tregaron.	£230	£499
58/i The Manse (C.M Chapel), Bronant.	£400	£1,417
	£3,157	£8,055

Thus it will be appreciated that substantial improvements at a total estimated cost of £8,055 have been carried out to these nine houses. The Council's contribution towards the cost of these improvements is only one quarter of the loan charges on the grants made, the Ministry paying the remaining three quarters.

MEMORANDUM FOR THE RECORD

SUBJECT		ACTION	
1	100	100	100
2	100	100	100
3	100	100	100
4	100	100	100
5	100	100	100
6	100	100	100
7	100	100	100
8	100	100	100
9	100	100	100
10	100	100	100
11	100	100	100
12	100	100	100
13	100	100	100
14	100	100	100
15	100	100	100
16	100	100	100
17	100	100	100
18	100	100	100
19	100	100	100
20	100	100	100
21	100	100	100
22	100	100	100
23	100	100	100
24	100	100	100
25	100	100	100
26	100	100	100
27	100	100	100
28	100	100	100
29	100	100	100
30	100	100	100
31	100	100	100
32	100	100	100
33	100	100	100
34	100	100	100
35	100	100	100
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85	100	100	100
86	100	100	100
87	100	100	100
88	100	100	100
89	100	100	100
90	100	100	100
91	100	100	100
92	100	100	100
93	100	100	100
94	100	100	100
95	100	100	100
96	100	100	100
97	100	100	100
98	100	100	100
99	100	100	100
100	100	100	100

CONFIDENTIAL

INSPECTION OF MEAT AND OTHER FOODS

GENERAL: Regular visits were paid to slaughterhouses and butchers' shops for meat inspection purposes. A number of shops, food premises and food vans were also inspected. Details of some aspects of the work are given below:-

Food Hygiene Regulations 1955-57: Several shops and food premises were inspected. One shop has been modernized and re-equipped others have been the subject of minor improvements. The three bakehouses in the district were inspected and found unsatisfactory, but two occupiers have agreed to improve the premises, the third having planned to build an entirely new bakehouse.

Ice Cream: There are no ice-cream manufacturers in the area but ten premises are registered under Section 16 of the Food & Drugs Act, 1955, for the sale of ice cream.

Milk: There are only three distributors of milk, as defined, in the area, and one of these comes from an adjoining district.

Unsound Food: The following kinds and quantities of foodstuffs were found on inspection to be unfit for human consumption and were voluntarily surrendered for disposal:-

From Shops etc:-

Canned Ham	12 lbs. 4 oz.
47 Chickens	233 lbs. 2 oz.

From Slaughterhouses:-

Beef Liver	98 lbs.
Sheep's Liver	38 lbs.
Joints (Sheep Casualty)	12 lbs.
Total								393 lbs. 6 oz.

Meat Inspection: There are three private slaughterhouses in the area, two in Tregaron and one in Llangeitho, all of them producing meat of excellent quality. Two hundred & fifty nine visits were paid to slaughter-houses and butcher shops for meat inspection purposes and condemnations are summarized as follows (see also Unsound Food, for quantities etc.).

	Cattle Excluding Cows	Cows	Calves	Sheep & Lambs	Pigs	Horses
Number inspected	135	0	0	2,109	22	0
All Diseases except Tuberculosis and Cysticerci						
(a) Whole carcasses condemned	0	-	-	0	0	-
(b) Carcasses of which some part or organ was condemned	19	-	-	27	0	-
Tuberculosis only		N I L				
Cysticercosis		N I L				

RODENT CONTROL

This work is carried out on a part-time basis by the Council's maintenance foreman.

No serious infestations of rats or mice were reported or surveyed during the year, but all premises found to be infested either after complaint or survey were suitably treated. The refuse tip at Tyndomen, Tregaron, and at Ystrad Meurig were regularly baited.

REFUSE DISPOSAL

The method of refuse collection and disposal was changed as from the 1st April, 1958. Whereas formerly this collection etc., was done by a contractor from outside the district, the Council now undertake this work themselves with a new refuse collection vehicle and their own workmen: a driver/dustman has been employed. The service has been extended from two days to three days per week, refuse collection being carried out weekly in all larger villages (instead of the previous fortnightly collection in most) and fortnightly in the more isolated districts.

WATER SUPPLIES

Public Supplies: The South Cardiganshire Water Board is now responsible for public water supplies. The Teify Lakes water scheme has been commenced: this scheme will supply most of the south of the County of Cardigan from the Teify Lakes which are situated in this rural district.

Private Supplies: (a) Fourteen samples of water from private sources were taken and submitted for analysis; the results have been reported to the Council at their monthly meetings.

(b) The Divisional Office of the Ministry of Agriculture, Fisheries and Food at Lampeter also submitted results of analyses of water from a number of farms and the Council agreed to the use of water for domestic purposes at five farms.

PLANS. BUILDINGS. MAINTENANCE ETC.

Council Houses: The total number of Council houses remains at 94. The continued restrictions on capital expenditure and high rates of interest on loans prevented the building of new houses. However, there appears to be little demand, other than in Tregaron, for three-bedroomed houses, but the Council are now considering the building of smaller dwellings especially for aged persons.

Maintenance of Council Houses: The Council's maintenance staff consists of one maintenance workman/foreman and one painter. A great deal of maintenance work has been carried out during the year and the houses are well maintained.

Private Houses: One bungalow was completed during the year. Four houses are now being erected.

Plans Approved:

New Houses	3
Alterations to Houses	17
Garages	9
Miscellaneous	7
Total Number of Plans Approved	<u>36</u>

Public Conveniences:

(a) Existing: There are existing public conveniences opposite Fanog, Tregaron.

(b) New: New public conveniences were completed at Llanddewi Brefi, and new conveniences are being erected in Station Road, Tregaron.

B.W. JAMES, A.R.S.H., M.A.P.H.I.
PUBLIC HEALTH INSPECTOR AND SURVEYOR.

APPENDIX.

Factories Acts 1937 and 1948.

Parts I and VIII of the Factories Act, 1937.

Part I. (Inspections).

Premises (1)	M/c Line No. (2)	Number on Register (3)	Number of Inspections (4)	Number of Written Notices	Number of Occupiers Prosecuted (6)	M/c Line No. (7)
(i) Factories in which Sections 1,2,3,4 and 6 are to be enforced by Local Authorities.	1	1	1	-	-	-
(ii) Factories not included in (i) in which Section 7 is enforced by the Local Authority	2	18	9	-	-	2
(iii) Other Premises in which Section 7 is enforced by the Local Authority (excluding out-workers' premises)	3	-	-	-	-	3
TOTAL		19	10	-	-	

2. CASES IN WHICH DEFECTS WERE FOUND - NIL

Part VIII of the Act (Out-work)

There are no outworkers within the Rural District.

